

# Catch your dream

## Summer camps in Europe

For young people and children with colitis or Crohn's (IBD)



### Our challenge

Living with IBD, young people can experience many challenges. We will provide a fun, safe, and enjoyable summer camp in a friendly and supportive environment - to help children and young people overcome IBD.

### About the project

Project 'Esc' is an ambitious project led by the EFCCA Youth Group, with supervision from EFCCA itself, to provide summer camps for young adults, teenagers, and then children with ulcerative colitis or Crohn's disease.



### Our priorities are:

- ◆ **To hold the first summer camp** in 2010 for young people 18-25 years of age.
- ◆ **To support national IBD associations** by sharing the knowledge and materials created for the *Catch your dream* camps, providing help and training.
- ◆ **To train 2010 participants** to become camp counsellors for the 2011 *Catch your Dream* camp for children 7-18 years of age, and to set up the safety and medical care needed for camps with younger participants.

### Catch your dream 2010

- ◆ **Ages 18-25**
- ◆ **26-29 August 2010**
- ◆ **Apeldoorn, Netherlands**



### The camp

The first *Catch your Dream* camp will be at the StayOkay hostel near **Apeldoorn, Netherlands**. The camp is located in the woods, outside the city of Apeldoorn and close to the beautiful Dutch national park of De Hoge Veluwe.

We have designed a fun and interesting programme, including **energetic, relaxing, and educational or training** activities.



**More info and sign-up online: [www.catchyourdream.org](http://www.catchyourdream.org)**

The European Summer Camp (ESC) project is from EFCCA and the EFCCA Youth Group



## How to sign-up!

Come and join us!

- ◆ Apply through your national IBD association - from January 2010
- ◆ Apply online - from April 2010
- ◆ Deadline for all applications - 31 May 2010
- ◆ Summer camp - 26-29 August 2010



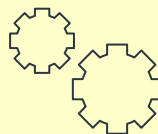
## Costs

The camp is paid for through sponsorship, and also subsidised by EFCCA itself. We try to keep the costs for participants as small as possible.

- ◆ Members of national IBD associations: €115 Euros.
- ◆ Participants who apply as individuals: €145 Euros.

## With thanks to our sponsors

EFCCA is very grateful to all our sponsors, who enable the *Catch your Dream* camp to take place. We thank them for their support for the community of people with IBD in Europe, and their belief in young people and children as the future.



### Gold sponsor

- ◆ Schering-Plough corporation / Merck

### Silver sponsors

- ◆ Abbott pharmaceuticals
- ◆ Ferring pharmaceuticals

**Supporting sponsors:** Centocor

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